

		September		
Monday	Tuesday	Wednesday	Thursday	Friday
	1 B-Scrambled Eggs L-Beef Stroganoff Fruit and Vegetable	2 B-Bacon L-Turkey Sandwich Fruit and Vegetable	3 B-Muffins L-Chicken Bacon Ranch Pasta Fruit and Vegetable	4 B-Yogurt L-Hamburger Fruit and Vegetable
7 No School Labor Day	8 B-Breakfast Scramble L-Hot Ham and Cheese Sandwich Fruit and Vegetable	9 B-English Muffin L-BLT Fruit and Vegetable	10 B- Sausage Patty L-BBQ Quesadilla Fruit and Vegetable	11 B-Cinnamon Toast L-Chef Salad Fruit and Vegetable
14 B- Ham and Eggs L-Taco Bake Fruit and Vegetable	15 B-Egg Cups L-Ham and Potato Casserole Fruit and Vegetable	16 B-Yogurt and Fruit L- Ham and Turkey Wrap Fruit and Vegetable	17 B-Breakfast Bagel L-Chicken and Broccoli Pasta Fruit and Vegetable	18 B-Cheese stick L-Hotdog Fruit and Vegetable
21 B- Muffin L-Pulled Pork Fruit and Vegetable	22 B-Scrambled Eggs L-Fajita Fruit and Vegetable	23 B-Breakfast Biscuit L-Ham Salad Sandwich Fruit and Vegetable	24 B-Bacon L- Creamy Chicken and Rice Fruit and Vegetable	25 B-Breakfast Eggroll No Lunch Out at 11:30

28 B-Toast L-Pasta Bake Fruit and Vegetable	29 B-Sausage Patty L-Salisbury Steak Fruit and Vegetable	30 B-Egg Cups L-Turkey Melt Fruit and Vegetable	-All meals come with a fruit, vegetable and 1% white milk or fat free flavored milk. -Seasonal fresh fruits and vegetables will be served when available. -Menus subject to change without notice do to product availability. <i>This institution is an equal opportunity provider.</i>	<u><i>-If your child is on a special diet for allergy purposes, they may be given an alternate meal. Action plan must be sent from a doctor.</i></u> -AC is only served to Junior High, High School and staff. -Items with * indicate scratch or fresh from one of our local farmers
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As part of our Sangamon County Farm-to School Initiative we are proudly serving more locally-sourced foods, including poultry, beef, fruits and vegetables.