

: NPP73423 BluePrint PPO

Summary of Benefits and Coverage: What this Plan Covers & What it Costs



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <u>www.bcbsil.com</u> or by calling 1-800-541-2768.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	Individual: Participating \$500 Non-Participating \$1,000 Family is equivalent to 3 individuals. Doesn't apply to certain preventative care.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	Yes. \$300 deductible for Non-Participating hospital admission. There are no other specific <u>deductibles</u> .	You must pay all the costs for these services up to the specific <u>deductible</u> amount before this plan begins to pay for these services.
Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses?	Yes. Individual: Participating \$2,000 Non-Participating \$4,000 Family is equivalent to 3 individuals.	The <u>out-of-pocket</u> limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Copay, deductible, premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the insurer will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	call 1-800-541-2768.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a <u>specialist</u> ?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	1	Some of the services this plan doesn't cover are listed on page 4. See your policy or plan document for additional information about <u>excluded services</u> .

Questions: Call 1-800-541-2768 or visit us at www.bcbsil.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf or call 1-855-756-4448 to request a copy.

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BlueCross BlueShield of Illinois

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the health plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed</u> <u>amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed</u> <u>amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing.</u>)
- The plan may encourage you to use Participating **providers** by charging you lower **<u>deductibles</u>**, **<u>copayments</u>**, and <u>coinsurance</u> amounts.

Common Medical Event	Service You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 copay/visit	40% coinsurance	No benefits will be provided for services which are not, in the reasonable judgment of Blue Cross and Blue Shield, medically necessary.
	Specialist visit	\$40 copay/visit	40% coinsurance	none
	Other practitioner office visit	20% coinsurance	40% coinsurance	Acupuncture not covered. Chiropractic services are limited to a \$1,000 calendar year maximum. Copay may apply.
	Preventive care/screening/immunization	No Charge	40% coinsurance	none
If you have a test	Diagnostic test (x-ray, blood work) Imaging (CT / PET scans, MRIs)	20% coinsurance20% coinsurance	40% coinsurance40% coinsurance	none

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BlueCross BlueShield of Illinois

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 09/01/2013-08/30/2014

Common Medical Event	Service You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If you need drugs to treat your illness or	Generic drugs	\$15/\$30 copay/ prescription	\$15 copay/ prescription	34 day retail supply/90 day mail supply.
condition More information about	Formulary brand drugs	\$30/\$60 copay/ prescription	\$30 copay/ prescription	For Out-of Network drug provider
prescription drug coverage is available at	Non-Formulary brand drugs	\$50/\$100 copay/ prescription	\$50 copay/ prescription	you are responsible for 25% of the eligible amount after the copay.
www.bcbsil.com	Specialty drugs	Covered	Covered	Certain women's preventative services will be covered with no cost to the member. For a full list of these prescriptions and/or services, please contact Customer Service
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	none
surgery	Physician/surgeon fees	20% coinsurance	40% coinsurance	
If you need immediate medical attention	Emergency room services	\$150 copay	\$150 copay	Copay waived if the member is admitted to the hospital.
	Emergency medical transportation	20% coinsurance	20% coinsurance	none
	Urgent care	20% coinsurance	40% coinsurance	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	\$300 deductible per admission for Out-of-Network providers.
	Physician/surgeon fee	20% coinsurance	40% coinsurance	none
If you have mental health, behavioral	Mental/Behavioral health outpatient services	20% coinsurance	40% coinsurance	Copay applies to psychotherapy office visit only.
health, or substance abuse needs	Mental/Behavioral health inpatient services	20% coinsurance	40% coinsurance	\$300 deductible per admission for Out-of-Network providers.
	Substance use disorder outpatient services	20% coinsurance	40% coinsurance	Copay applies to psychotherapy office visit only.
	Substance use disorder inpatient services	20% coinsurance	40% coinsurance	\$300 deductible per admission for Out-of-Network providers.

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Coverage Period: 09/01/2013-08/30/2014

Coverage for: All | Plan Type: PPO

Common Medical Event	Service You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If you are pregnant	Prenatal and postnatal care	\$20 copay	40% coinsurance	Copay applies to first prenatal visit (per pregnancy).
	Delivery and all inpatient services	20% coinsurance	40% coinsurance	\$300 deductible per admission for Out-of-Network providers.
If you need help	Home health care	20% coinsurance	40% coinsurance	
	Rehabilitation services	20% coinsurance	40% coinsurance	
special health needs	Habilitation services	20% coinsurance	40% coinsurance	none
	Skilled nursing care	20% coinsurance	40% coinsurance	
	Durable medical equipment	20% coinsurance	40% coinsurance	Benefits are limited to items used to serve a medical purpose. DME benefits are provided for both purchase and rental equipment (up to the purchase price).
	Hospice service	20% coinsurance	40% coinsurance	none
If your child needs	Eye exam	Not Covered	Not Covered	
dental or eye care	Glasses	Not Covered	Not Covered	none
	Dental check-up	Not Covered	Not Covered	

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)			
Acupuncture	Hearing aids	• Routine foot care (with the exception of person	
Cosmetic surgery	Long-term care	with diagnosis of diabetes)	
• Dental Care (Adult)	• Routine eye care (Adult)	 Weight loss programs 	
Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)			

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Bariatric surgery	Infertility treatment	Private-duty nursing
Chiropractic care	Non-emergency care when traveling outside the	
	U.S.	

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Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-541-2768. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact Blue Cross and Blue Shield of Illinois at 1-800-541-2768 or visit <u>www.bcbsil.com</u>, or contact the U.S Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit <u>www.dol.gov/ebsa/healthreform</u>. Additionally, a consumer assistance program can help you file your appeal. Contact the Illinois Department of Insurance at (877) 527-9431 or visit <u>http://insurance.illinois.gov</u>.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-541-2768. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-541-2768. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-541-2768. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-541-2768.

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Coverage Examples:

About These Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



Don't use these examples to estimate your actual costs under the plan. The actual care you receive will be different from these examples, and the cost of that care also will be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

Amount owed to providers: \$7,540
 Plan pays \$5,840
 Patient pays \$1,700

Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

Patient pays:

Deductibles	\$500
Copays	\$40
Coinsurance	\$1,010
Limits or exclusions	\$150
Total	\$1,700

Coverage for: All | Plan Type: PPO

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

Amount owed to providers: \$5,400 Plan pays \$3,810 Patient pays \$1,590

Sample care costs:

Vaccines, other preventive Total	\$100 \$5,400
Laboratory tests	\$100
Education	\$300
Office Visits and Procedures	\$700
Medical Equipment and Supplies	\$1,300
Prescriptions	\$2,900

Patient pays:

Total	\$1,590
Limits or exclusions	\$80
Coinsurance	\$240
Copays	\$770
Deductibles	\$500

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Coverage Examples:

Questions and answers about Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **<u>deductibles</u>**, **<u>copayments</u>**, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

★ No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

★ No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ <u>Yes</u>. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ Yes. An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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